

## From advocacy to agency

creative performance and older people

### **Human Rights & Older People**

#### **Barriers to access**

- widespread negative perceptions and misunderstandings surrounding human rights
- a lack of information for older people and those that work with them about human rights
- difficulties faced by older people accessing justice and making complaints (AgeUK 2011)

Rights as 'protection from', rather than 'access to'



## Arts & Older People Frameworks

arts as need arts for therapy arts for well-being arts as right



### **Arts & Older People**

#### **Overview**

- Reminiscence
- Advocacy
- Participation
- (Co-) creation



## Reminiscence Remembering when

- Collecting oral histories
- Creating performance

**Multiform** 

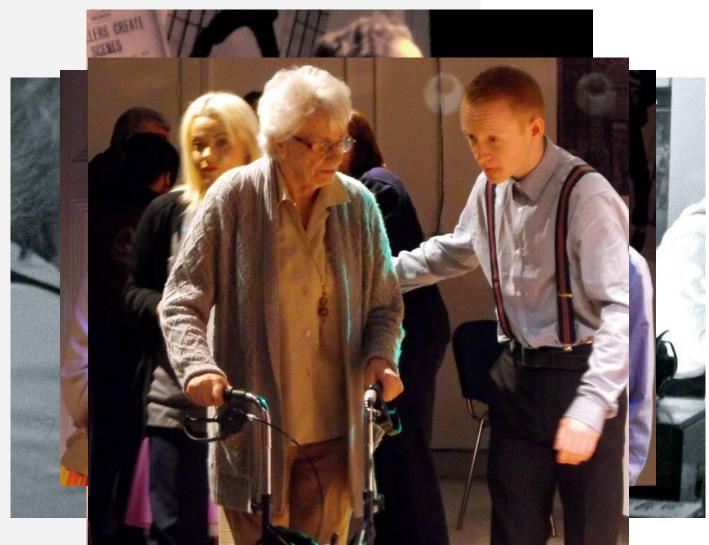
Verbatim

**Flexible** 

- Road testing
- Post-show discussion
- Prolonging the remembering

Reminiscence Theatre Archive [online]





Ulster University

# **Advocacy Speaking for**

- Reconnaissance
- Oral interviews
- Creation of performance
- Getting to the public/agencies





Ulster University

## Participation Getting involved

#### Impact on the Individual

- Mental wellbeing
- Physical wellbeing

#### Impact on communities

opportunities for meaningful social contact, friendship and support

#### Impact on society

'positively transform attitudes to older people'

Mental Health Foundation 2011: 3-4



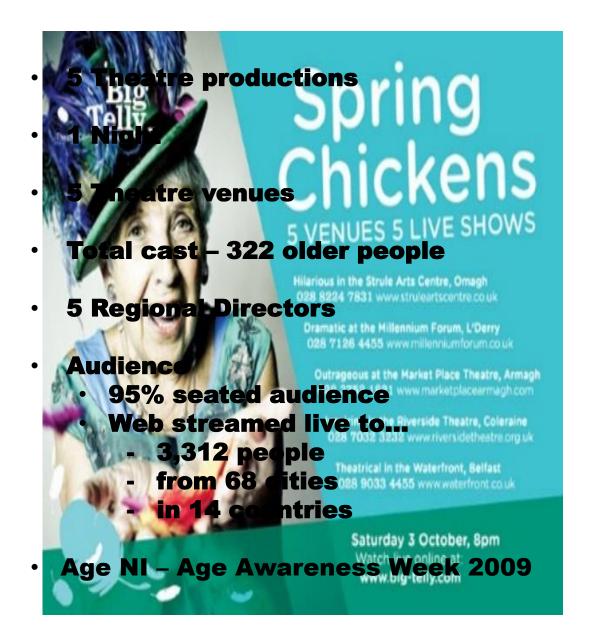


## (Co) Creation

#### **Spring Chickens Programme**

- Spring Chickens (2009, 2011)
- Over 6 ի թարթարթացի թարթացի թարթացի ու Ireland have participated in at least 1 project, since 2007
- The Shows
  40% of activity takes place within the top 20% of the most പ്രവാദ്യാപ്പാട്ട് in N. Ireland
  - TOM (Targeting Older Men)







20 Cameo performances in Uhusual places
Chicken Flight! Images of Ageing, imagining solutions to issues faced by older people 10 groups 5 older people Total castrend Northern 29 groups reland **5 Regional Directors** And... to 183 pupils (16+) from 17 post-primary schools throughout N. Ireland. In conjunction v elfast Festival at Queen's, The Uster Bank B 2011 www.big-telly.com



## **Strengthening Voices**











#### Webs of Intrigue (2012/13)



- I thought it was a very well structured devised piece which made us all react

   210 pupils (114+) attended a 60 minute professional emotionally to (1.11 the was inspirational to hear the old ladies paik about their performance of the pieces of see that times now are very different but the feelings of love and sadness are still the same.'
- Post Show discussion attended by the script Sean aged 16, Ballymoney writers



## **Golden Gangs**

























#### Machinations (2015)















## Invisible People Touring Photographic Exhibition







# **Arts and human rights The right to self-definition**

"I think they also enjoy being defined as a creative person rather than as an older person, and the social aspect is very important. But these people are amazing and running this Seeing another than it has theirs "colling with Director of respecting the pulled than it has theirs "colling Dulwen Picture Gallery" what art can work of Director of the pulled than it has theirs "to colling the Director of the pulled than it has theirs art can work of the Director of the pulled than it has their art can work of the Director of the pulled than the property of the pulled that the property of the pulled than the property of the pulled than the property of the pulled that the pulled than the property of the pulled than the pulled than the pulled that the pulled that



#### References

#### Readings & Resources

- Age of Creativity [n.d.] Age of Creativity [online] Available: <a href="http://www.ageofcreativity.co.uk">http://www.ageofcreativity.co.uk</a>
- AgeUK (2011) Older People and Human Rights. A reference guide for professionals working with older people.
- Baring Foundation (2015) Getting On arts and older people A Baring Foundation programme 2010-2014 [online]. Available: <a href="http://baringfoundation.org.uk/wp-content/uploads/2015/05/GettingOn.pdf">http://baringfoundation.org.uk/wp-content/uploads/2015/05/GettingOn.pdf</a>. Accessed 20/09/16
- Big Telly Theatre Company[n.d] *Spring Chickens Facebook Group* [online]. Available: <a href="https://www.facebook.com/SpringChickens/">https://www.facebook.com/SpringChickens/</a>. Accessed 1/11/16
- Harris, J. (2015) 'Adding years to life and life to years.' *Arts Professional* [online]. Available:

  <a href="http://www.artsprofessional.co.uk/magazine/article/adding-years-life-and-life-years?utm\_source=Weekly-Good-Reads&utm\_medium=email&utm\_content=Adding-years-to-life---and-life-to-years&utm\_campaign=17th-September-2015.</a>
  Accessed 20/09/16
- Leeming, C. (2013) 'Prescribing art for older people.' *Guardian* [online] 8 January. Available: <a href="https://www.theguardian.com/healthcare-network/2013/jan/08/prescribing-art-older-people">https://www.theguardian.com/healthcare-network/2013/jan/08/prescribing-art-older-people</a>. Accessed 20/09/16
- Mental Health Foundation (2011) *An Evidence Review of the Impact of Participatory Arts on Older People* [online]. Available: <a href="https://www.mentalhealth.org.uk/sites/default/files/evidence-review-participatory-arts.pdf">https://www.mentalhealth.org.uk/sites/default/files/evidence-review-participatory-arts.pdf</a>. Acessed 20/09/16
- Public Health England (2016) Arts for Health and Well-Being: An Evaluation Framework. [online] Available: <a href="https://www.gov.uk/government/uploads/system/uploads/attachment\_data/file/496230/PHE\_Arts\_and\_Health\_E\_valuation\_FINAL.pdf">https://www.gov.uk/government/uploads/system/uploads/system/uploads/attachment\_data/file/496230/PHE\_Arts\_and\_Health\_E\_valuation\_FINAL.pdf</a>. Accessed 20/09/16
- The Reminiscence Theatre Archive [n.d.] *The Reminiscence Theatre Archive of Pam Schweitzer* [online]. Available: http://www.reminiscencetheatrearchive.org.uk/category/index.aspx. Accessed 20/09/16

